

January 24, 2014

The Family Flyer



Supporting Military Families
Cape Cod—Southeastern Massachusetts—SE New England



Free Family Skiing at Stowe's Military Appreciation Sundays

All active, full-time, United States Military Personnel, Guard and Reserve Members along with their families (spouse & dependent children), will receive complimentary single-day lift tickets at Stowe Mountain Resort on three select Sundays this winter.

DATES: January 26, February 23 and March 30.

Find out more at Stowe.com

Murder Mystery Dinner—\$25/pp

SAT JAN 25

The Hanscom Spouses Club (HSC) is hosting a Murder Mystery Dinner at the Minuteman Commons. Doors open at 5:30 pm. Show starts at 6:00 pm. Cost: \$25.00 per person. Menu: Garlic Bread, Salad, Chicken Alfredo, Chicken Parmigiana, Eggplant Parmigiana, Ziti Garlic & Oil. **Reservations must be made and paid no later than 12:00 noon on Friday, January 15th.** To purchase tickets, go to www.hanscomsc.org, select "Reservations" Tab, or contact Christin Hoffman (808)-489-8867 reservations@hanscomsc.org. Tickets may be purchased via checks or PayPal only. Seating is first come first serve.



21st Annual Acton Summer Camp Fair

THU 30 JAN from 5 p.m.—8 p.m. @ Parker Damon Building, 11 Charter Rd, Acton MA 01720

★ Explore the best summer programs for your child all in one evening.

Over 90 camps from New England and abroad with specialties in: Academics, Arts/Music, Day & Overnight, Digital Media & Programming, Outdoor & Social Experiences, and Sports.

Free Admission. Free Camp Directory. Free Child Care*. Pizza, Popcorn & Sandwiches with beverages & homemade desserts. (*For kids 4+ while parents are at the fair- email for pre-registration)

Need more information? Please visit www.merriamcampfair.camp7.org OR email merriamcampfair@aol.com

While online, also visit [their directory](#) where you can explore the camping opportunities and plan which representatives you'd like to meet!

Snow Date: SAT 06 FEB





VETERANS

APPLY YOUR SKILLS
TO THE **RIGHT** JOB!



Military Crosswalk helps you match your *military* experience to open job titles in the Commonwealth.

www.mass.gov/hrd/strategic-plan-for-veterans >>>>>>>



SAVE THE DATE!

What: Statewide Veterans Career Fair
Massachusetts State House
Boston, MA 02133
(Great Hall, Grand Staircase, Nurses Hall)

Date: January 28, 2014 *

Time: 10am – 3pm

For more information and access to reasonable accommodation, visit us at
www.mass.gov/hrd/veteranscareerfair

* Alternate Snow Date:
February 7, 2014



You are helping to shape our diverse and inclusive workforce.



The Commonwealth: Working to be a Model Employer Deval L. Patrick, Governor





The Road to Parental Empowerment for Military Families

The Commonwealth of Massachusetts Department of Veterans' Services in partnership with Families First and the SAVE Team is proud to offer a series of parenting classes focusing on communication with your children and handling the stress of parenthood.

When: February 5, 12, 19, 26 from 7:00 P.M. to 9:00 P.M.

Where: American Legion Nonantum Post 440 , 295 California Street, Newton, MA

**** Free Child Care & Parking is available**** To register for the series please contact (617) 939-5786 or register online at <https://gamcauliffe.eventbrite.com>



@ Stacy middle School, 66 Spruce St, Milford MA

Free Event—All are welcome—military & non military!

Honoring families & Children of those who selflessly answer the "Call of Duty".

In support of our Veterans, please bring an item(s) to support homeless veterans.

Visit www.veteransinc.org - *Donations - Wish List*

Seating is limited and reservations are required. **To reserve tickets,**

send request to mshain@charlesriverbank.com by 2/7/14 by 12:00pm with number of tickets needed. An email confirmation email will be sent.

Cape Cod Children's Museum to Provide Free Admissions to 100 Mashpee Residents

The Cape Cod Children's Museum has received a grant from the Mashpee CFCE (Coordinated Family and Community Engagement) allowing the museum to provide free admission to 100 Mashpee residents. Residents must call the museum at 508-539-8788 to reserve tickets in advance and be prepared to provide identification before admission. Frequency restrictions apply to allow for the most number of Mashpee families free entry.

The Cape Cod Children's Museum is located at 577 Great Neck Road South, Mashpee, MA. Hours are Monday through Friday 10-3; Saturday, 10-5; Sunday noon to five. To learn more about the fabulous exhibits and engaging programs at The Cape Cod Children's Museum, visit www.capecodchildrensmuseum.org Or call 508-539-8788



LGBT Retreat for Service Members & Veterans

21– 23 FEB in Groton, MA Register [HERE](#).

Project New Hope presents LGBT Support Retreat for military service members and veterans - honoring connecting and supporting you and your partners, spouses and children. We want you to relax, have fun and reconnect with your family and other veterans. Eat plenty of good food, sleep like a baby, build great memories and have fun in the process! This program includes room, board, and meals throughout the weekend.

We can accommodate food allergies, gluten free diets, vegetarian diets, and other special dietary needs. We need advanced notice to plan accordingly so please note concerns upon registration.

On site facilities include: Archery, Indoor Rock Climbing Wall, Fishing, Firepit, Hiking Trails, Sports Facilities, Field Games, Mountain Biking Trails, 24/7/ Gym and a number of holistic health professionals

Project New Hope Inc. proudly sponsors this event and is no cost to the Servicemember /Veteran.



People Helping People

Barnstable County Human Service Information



Effective Parenting Class

Not too late —**Beginning January 16th**, the Coalition for Children will offer a 16 week Effective Parenting Class. If you have a child(ren) between the ages of one and six, this class is for you! Class, dinner, childcare and limited transportation available, so please call 508/548-0151 ext 172) for more information and to register NOW

Free Fluoride & Dental Screenings

To celebrate National Children's Dental Health Month, Harbor Community Health Center, Hyannis and Ellen Jones Community Dental Center, Harwich are hosting Open Houses with free dental screenings for children under age 18 on **March 1 and March 8**. The clinics are delighted by the receipt of additional support which will allow them to offer FREE fluoride treatments as well - especially important here on the Cape where none of the towns derive the benefits of community water fluoridation. There are only 25 slots open in each location, so please make appointments as soon as possible by calling Harbor Health Services at 508 778-5400. [View flyer](#).

Don't live in Barnstable County??? Don't miss out in great programs & opportunities in your area — contact your local Human Services Office & find out what's available in your area!!



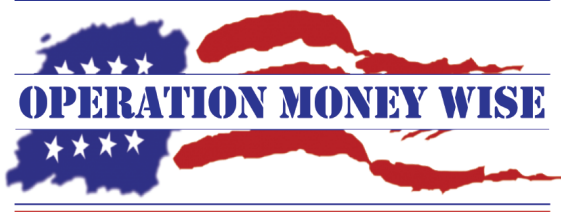
Family Story & Play

THUs 1—2 p.m. from 23 JAN for 10 weeks

@ Chapel Support Building, S Inner Rd, Joint Base Cape Cod

Join in for stories, crafts, and play! The group is open to all children birth—6 years old with their parent or care provider. Questions call Terry @ 508—759—0666 x106 or Maura at 508—763—3800

The group is provided through a collaboration by the Bourne Early Childhood Council & The Jonathan Bourne Public Library



Save the Date: Operation Money Wise

SAT 22 MAR @ Mass Bay Community College
50 Oakland St., Wellesley, MA 50

This is a FREE one-day personal finance event for veterans, active duty, reserve members and their families.

The conference will build financial knowledge and answer financial questions specific to your service.

Presented in partnership by the Massachusetts Financial Literacy Trust Fund, Massachusetts National Guard & Reserve and Office of Veterans' Services.

Online registration will be available February 2014. Questions? Contact Sheila O'Loughlin, Financial Education Coordinator, at (617)367-9333 x615

Air Force Aid Society General Henry H. Arnold Education Grant Program 2014-2015

Applications are now being accepted for the Air Force Aid Society General Henry H. Arnold Education Grant Program for the 2014-2015 school year. This annual program provides \$2,000 undergraduate education grants to eligible spouses and children.



BASIC ELIGIBILITY: Eligible dependents of all ranks encouraged to apply; Children of active duty, Title 10 AGR/Reserve, Title 32 AGR performing full-time; active duty, retired, retired reserve, and deceased Air Force members; Spouses (stateside) of active duty members and Title 10 AGR/Reservists; Surviving spouses of Air Force members who died while on active duty or in retired status. Specific eligibility criteria are listed on-line at www.afas.org.

DEADLINE: 07 March 2014 Applications available on-line only at www.afas.org.

Roth Option for TSP



Beginning October 1, 2013, members of the reserve forces of the Army, Navy, Air Force and the National Guard can add the Roth TSP option to their investment plans. The Roth TSP option uses **after-tax** pay and bonuses to start and maintain contributions. Information on this and traditional TSP can be found online at www.tsp.gov. You may also find information from your command or installation personal financial counselors, or your finance office



Find caregivers for Before/After School, Last Minute Needs, Infant Care, School Closings, Pet Sitting, and Senior Care

Your membership to Sittercity is FULLY PAID by the Dept of Defense and is at no cost to you! For Army, Navy, Marines & Air Force— active duty, Reserve & Guard families. [Activate your Membership today!](#)

Employment Opportunities & Job Search Resources

Massachusetts 2014 Firefighter and Corrections Officer Exam information

Corrections Exam 2014 [HERE](#) Last Day to Apply: 10 FEB & Exam Date: 08 MAR

Firefighters Exam 2014 [HERE](#) Last Day to Apply: 17 MAR & Exam Date: 26 APR



For more information on these Civil Service opportunities visit mass.gov or call the exam hotline 617-878-9895



February at the Plymouth Career Center

Seminars are held on TUEs 9:30–11 a.m. & 1:30–3 p.m. and on WEDs from 10–11:30 a.m.

To register for a workshop, seminar or event please call 508–732–5300.

Plymouth Career Center

38 Cordage Park Circle, Suite 200, Plymouth, MA 02330

Interested in a Career Center near you? [Find it by zip code online!](#)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Introduction to Word Processing 9:00am-12:00pm Resume Review (by appointment) Intro to PC's (Advanced) 1:00pm - 4:00pm Sell Yourself Session 4 1:30pm - 4:00pm	4 Mature Worker Job Search Tips 10:30am -12:30pm Financial Tips During Hard Times I 1:00pm - 3:00pm	5 Excel Basics L4 9:30am-12:30pm Massasoit Information Session 10:00am-12:00pm Linked-In (Advanced) 1:00pm - 4:00pm	6 Resume & Cover Letter 9:30am -12:00pm Intro to MassCIS 1:30 - 3:00pm	7
10 Introduction to Word Processing 9:00am-12:00pm Resume Review (by appointment) Sell Yourself Session 1 1:30pm - 4:00pm Intro to PC's (Beginners) 1:30pm - 3:30pm	11 Resume & Cover Letter Critique 10:30-12:30 Financial Tips During Hard Times II 1:00pm -3:00pm	12 MS Office Objects & PowerPoint L5 9:30am -12:30pm Boston South Women's Employment Network 1:00pm - 3:00pm Linked-In (Basics) 1:00pm- 4:00pm E-Learning 2:00pm -3:00pm	13 Interviewing Basics 9:30am-12:00pm Accomplishments Into Stories 1:30pm - 4:00pm TORQ Think Outside of The "Occupational" Box 1:30- 2:30pm	14 Internet Job Search 9:00am-11:00am
17 HOLIDAY	18 Salary Negotiations 10:30-12:30	19 Excel Basics L4 9:30am-12:30pm Linked-In (Advanced) 1:00pm - 4:00pm	20 SBA Overview 10:00am-12:00pm Intro to MassCIS 1:30 - 3:00pm	21 Resume & Cover Letter 9:30am -12:00pm
24 Introduction to Word Processing 9:00am-12:00pm Self-Care During Job Transitions 11:00am-12:30pm Intro to PC's (Advanced) 1:00pm - 4:00pm Sell Yourself Session 2 1:30pm - 4:00pm	25	26 MS Office Objects & PowerPoint L5 9:30am -12:30pm Career Fair 10:00am-12:30pm Linked-In (Basics) 1:00pm- 4:00pm E-Learning 2:00pm -3:00pm	27 Interviewing Basics 9:30am-12:00pm Resume & Cover Letter Critique 10:30-12:30 Networking Tips For Introverts 1:30pm -3:30pm TORQ Think Outside of The "Occupational" Box 1:30- 2:30pm	28 Internet Job Search 9:00am-11:00am Mature Worker Job Search Tips 10:30am -12:30pm



What's Happening on Joint Base Cape Cod

4-H Babysitting Course

TUE 18 & THU 20 FEB from 10 a.m.—2 p.m.

Pre-Registration by WED 12 FEB



LEARN TO BECOME A RESPONSIBLE BABYSITTER Sessions include: Child Safety, First aid and Emergencies, Feeding, Stages of Child Development, Discipline, Entertaining, and Business of babysitting.

PRE-REGISTRATION IS REQUIRED Participants must be 11 years old or older; Instructed by 4-H Program Associate, Deena Dries; This program is free for military families; Certificates and I.D. cards issued upon successful completion of course.

To register contact: Candy Leblanc @ 508-968-6446 or Email registration info to candace.c.leblanc@uscg.mil.
Class size is limited to 15

Help Wanted [For more info click here](#)

Roxy Theater:

Sales Clerks (17+)

Fridays, Saturdays & Sundays

Customer Service, Cash Handling,
Stocking, Cleaning

Crosswinds Bowling Center:

Recreation Aids (18+)

Customer Service, Cash
Handling, Technical Know-
How for Machinery, Flexible
Availability

Crosswinds Diner & Falcon Deli:

Food Service Workers (18+)

Day Hours or Evening Hours,
Flexibility Desired
Food Prep, Sanitation, Cash
Handling, Customer Service



FREE Movies

[To find out what's
playing](#)



Disney Armed Forces Salute Discount

Disney World and Disneyland have a great military discount, the Armed Forces Salute. The Disney Armed Forces Salute offers Disney theme park tickets at over half off the regular price and Disney resort rooms at a 30% to 40% discount! Eligible to: Active, Reserve & Guard; Retirees of Active, Reserve & Guard; 100% Service connected disability with DAVPRM code, Spouses or Un-Remarried Widows of the above. [FULL DETAILS](#)

Buy Tickets Locally at The Ticketing & Rental Office

Tickets to Disney, Universal, Sea World or any other attraction tickets. If they don't have them, they usually know who does! Please allow a minimum of 7–10 days before you travel so the tickets can be ordered. Find out more [HERE](#) or call 508–968–6447 for details.



DoD MWR Library Resources through Military OneSource



DoD MWR provides library resources available at no charge to service members and their families – a particularly helpful benefit for Guard and Reserve members and their families who may not have access to installation libraries. Go to a library by clicking [here](#). Certain libraries may require you to register and create your own account, but the resources are still free.

Academic OneFile: Full-text journals and references covering physical sciences, technology, medicine, social sciences, the arts, theology, literature, etc.

AudioBookCloud & Audiobooks Collection: Unabridged, high quality audio versions of American and world literature classics, non-fiction, fiction, and more.

Auto Repair Reference Center: The Auto Repair Reference Center contains information on most major manufacturers of domestic and imported vehicles.

Career Transitions: Find job announcements, write a resume, map military experience to civilian jobs, write a coverletter, get tips and advice, participate in an interview simulation, access your career interests, match experience to new careers, and search schools and programs.

Culture Grams: Experience the world and its people through detailed cultural information on more than 200 countries.

eBooks Collection: A wide array of content, including children's classics, health, mystery, suspense, study aids, travel, and more. Please register to create your own account.

Expanded Academic ASAP: Specifically created for research across all academic disciplines, Expanded Academic ASAP offers balanced coverage of every academic concentration – from advertising and microbiology to history and women's studies.

Gale Virtual Reference Library - College Blue Book: The College Blue Book is a comprehensive guide covering more than 11,300 institutions of higher learning, occupational and technical schools, and distance learning programs.

General OneFile: One of the largest general interest periodical resources, General OneFile, provides periodical and news information through an intuitive, user-friendly search interface for researchers at all levels.

GreenFILE: Contains well-researched information covering all aspects of human impact on the environment. Provided by the General Library Program, FMWRC.

InfoTrac Junior edition - K-12: With over 330 titles, this periodical database is designed for students in junior high and middle school.

Kids InfoBits: Geography, current events, the arts, science, sports, government, history, and more for kids in K-5th grades

MasterFILE: Current issues of Consumer Reports, Ebony, Entertainment Weekly, Forbes, InStyle, Money, People, Real Simple, and U.S. News and World Report and more.

Military Intelligence Database: Search over 500 journals, articles, books, and magazines with military relevance.

Small Engine Repair Reference Center: This library contains 410 reference books with original photos and illustrations for small engine repair assistance

TumbleBook for Beginning Readers, Tumblebook Cloud Junior (Grade level 2-6), & Tumblebook Cloud for Teens (Grade level 7-12)

AND MORE!

**Massachusetts National Guard
Airman & Family Readiness Program
Joint Base Cape Cod, MA**



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Requests to be added or removed from this distribution list may be sent directly to [Erin](#).

Kaehler Clinic Pharmacy Schedule FEB

Prescriptions: New prescriptions from civilian providers will not be accepted from 03-06 FEB and from 18-27 FEB

Otherwise, provider prescriptions are accepted: Daily from 8-11 except on WEDs

Pharmacy: The pharmacy will be CLOSED on: WED & FRI mornings; afternoon of 06 FEB; and all day on 17 FEB

Pharmacy & Pharmacist availability is subject to change. Please call 508-968-6571 for the most current information.

News & Updates: - Faxes/E-prescriptions from outside pharmacies or civilian doctor's offices are NOT accepted

- Vaccines are only available to active duty

- A limited formulary of medications are carried. Please call our pharmacy to discuss your prescription needs before you travel to the base.



New Rates at the JBCC Child Development Center Starting 01 FEB 2014

If you use the tier system, please provide your LES and pay stubs so an accurate tuition rate can be computed. Those that do not provide paperwork will be automatically placed in Tier 9.

Tier	Total Family Income	Fee—Per Month
9	> \$128,246	\$950.00
8	\$102,597—\$128,245	\$900.00
7	\$87,208—\$102,596	\$850.00
6	\$75,409—\$87,207	\$798.33
5	\$59,250—\$75,408	\$699.89
4	\$47,400—\$59,249	\$603.19
3	\$36,628—\$47,399	\$446.25
2	\$30,165—\$36,627	\$393.54
1	\$0—\$30,164	\$268.59

Part Time Full Day = \$53.00

Part Time Half Day = \$35.00

This is a NAEYC accredited Child Development Center with intentional learning, routine child assessments, and professionally trained and educated staff.

They provide flexible scheduling opportunities for parents and accept Child Care Network vouchers for members who meet established income requirements.

For children 6 weeks—6 years old.

For more details contact them at 508-968-6450

This announcement is provided for the benefit of members of the National Guard. It is intended for informational purposes only and does not constitute an endorsement by the Massachusetts National Guard, the Commonwealth of Massachusetts or the United States Armed Forces. Any participation is solely the responsibility of the individual.